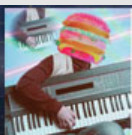
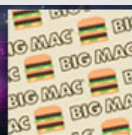


WIN
BRAGGING RIGHTS
IN ALL THE LANDS
OF THE INTERNET



VS



VS



Home > Woody Harrelson > Woody Harrelson: Bad Food Is The Number One Killer

Woody Harrelson

News

Footage

Pictures

Video

Movies

Reviews

Woody Harrelson - Woody Harrelson: Bad food is the number one killer

by Bang Showbiz | 04 July 2013

Woody Harrelson - who is a practising vegan and raw food follower - believes unhealthy food is the "number one" killer when it comes to people making bad life choices.



Woody Harrelson believes bad food is the "number one" killer.

The 'Now You See Me' star is a vegan and raw foodist which means he does not eat meat, dairy, sugar or flour and he eating the wrong meals is more deadly to people than drugs or alcohol.

Speaking to ShortList magazine, he said: "Of the crucial areas - if you consider that people have self-destructive activities - their food is probably number one I mean, the road to the grave is through the mouth."

The 51-year-old actor has become known for his environmental work and his support for the legislation of marijuana.

Woody insists he is active and vocal about these topics because he is passionate about them and he isn't concerned if his beliefs detract from his acting success.

When asked if he thinks his sometimes controversial views have overshadowed his work, the former 'Cheers' star explained: "But who could I attribute that to? If it's a bother, I have to blame myself, because I have talked about it.

"I like to think I'm doing good work as an actor and that I've helped a few people."

Making it clear that he is not bothered if his beliefs have irritated other people, he added: "So if what I've done has annoyed people, so what? I certainly helped some people."

Woody was named PETA's Sexiest Vegetarian in 2012 along with Jessica Chastain.

Contactmusic

Tags: [Woody Harrelson](#) - [Jessica Chastain](#)

10

f Like

Share

25

t Tweet

9

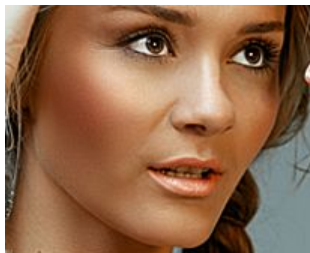
Submit

Submit

You Might Like



Tim McGraw & Faith Hill Share Big News About 'Divorce'
Mamas Latinas



Is This What's Putting Tanning Salons Out of Business?
Tan Physics



Diet Pill Powerhouse Takes Country by Storm...
All Consumer Health Tips

Promoted Content by Taboola



Woody Harrelson Photos



Woody Harrelson Pictures

Editors Recommendations

■ Batkid Misses Out On Oscars Heroes Celebration, At The Last Minute

Normally, a hero is supposed to arrive at the last minute, not get unceremoniously...



■ The Grand Budapest Hotel Movie Review

Wes Anderson's entertaining filmmaking style clicks beautifully into focus...



■ Doritos' "Bold Action" For SXSW is a Giant Vending Machine, With Lady Gaga In It

The world famous SXSW festival kicks off tomorrow, March 7 with a veritable mixed bag...



■ Why Vivienne Jolie-Pitt Was The ONLY Choice To Star Alongside Angelina Jolie in 'Maleficent'

We're surprised that even without all the other children being too afraid of Angelina Jolie...



■ 'The Zero Theorem':

